



# Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8  
Phone: 613-836-8881 Fax: 613-836-8806  
Web: [www.holyspiritparish.ca](http://www.holyspiritparish.ca)

## PASTORAL TEAM

Monsignor Joseph Muldoon, Pastor, [pastor@holyspiritparish.ca](mailto:pastor@holyspiritparish.ca)  
Sean Flynn, Youth/Sacramental Coordinator, [youth@holyspiritparish.ca](mailto:youth@holyspiritparish.ca)  
Administrative Assistant, [admin@holyspiritparish.ca](mailto:admin@holyspiritparish.ca)

**OFFICE HOURS:** Monday to Friday 9:00 a.m. - 12:00 p.m.; & 12:30 p.m. - 3:30 p.m.

### SUNDAY EUCHARIST

Saturday - 5:00 p.m.  
Sunday - 9:00 a.m. & 10:30 a.m.

### WEEKDAY EUCHARIST

As indicated in the weekly calendar.

### RECONCILIATION

As indicated in the weekly calendar, with a communal celebration in Lent, and at other times by appointment.

### BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

### MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

### CATECHESIS OF THE GOOD SHEPHERD

Kim Baudouin 613-884-8475

### PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

### CATHOLIC WOMEN'S LEAGUE

Claire Moore, President 613-612-1659

### KNIGHTS OF COLUMBUS

Joseph Carbonetto, Grand Knight 613-831-0411

### PARISH FINANCE COUNCIL

Alex Golob, Chair 613-410-1896

### OUR CATHOLIC SCHOOLS

Guardian Angels Elementary 613-836-7423  
Holy Spirit Elementary 613-831-1853  
St. Stephen Elementary 613-831-8844  
Sacred Heart High 613-831-6643



**PARISH REGISTRATION:** If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone Number: \_\_\_\_\_

## THIRD SUNDAY OF LENT



### Mar 12 – 3rd Sunday of Lent

Exodus 17.3-7  
Romans 5.1-2,5-8  
John 4.5-42

### Mar 19 – 4th Sunday of Lent

1 Samuel 16.1b,6-7,10-13  
Ephesians 5.8-14  
John 9.1-41

#### Parish Calendar

**Mon, Mar 13**  
9:00 am Mass  
7:00 pm Prayer Shawl Ministry

**Tue, Mar 14**  
9:00 am Mass

**Wed, Mar 15** Parish Office will be closed in the afternoon  
9:30 am Catechesis of the Good Shepherd

**Thu, Mar 16**  
9:00 am Mass  
9:30 am Cenacle of Marian Movement of Priests

**Fri, Mar 17**  
9:00 am Mass  
9:30 am Flame of Love Prayer Group  
6:00 pm Way of the Cross followed by poverty meal

**Sat, Mar 18**  
4:00-4:25 pm Reconciliation  
5:00 pm Mass

**Sun, Mar 19** **Fourth Sunday of Lent**  
9:00 am Mass  
10:30 am Mass  
11:30 am Youth Choir Practise

**\*hospitality & coffee hosted by Catholic Women's League after the 9 & 10:30am Masses. Everyone welcome!**

\*and Mass will be available on the church website: [www.holyspiritparish.ca](http://www.holyspiritparish.ca)

**WAY OF THE CROSS** Please join us on Friday, March 17 at 6:00 pm in the church for Way of the Cross followed by a poverty meal hosted by The Knights of Columbus. Everyone is welcome.

**To all parishes' generous faithful** Thank you to all who donate to the ongoing operation of the parish. For e-Transfer please send it to [admin@holyspiritparish.ca](mailto:admin@holyspiritparish.ca) and use the password, "Holyspirit". We currently have a significant number of parishioners who contribute via bank auto debit. If you would like more information about the program or wish to participate, please contact the parish office at 613-836-8881 or email [admin@holyspiritparish.ca](mailto:admin@holyspiritparish.ca).

**PRAYER FOR VOCATIONS** For all those thirsting to know their vocations in Christ, that they will be open to the waters of prayer and drink fully of the Holy Spirit who leads them, we pray to the Lord.

**2022 Official Donation Income Tax Receipts** are ready for pick up in the Atrium. Thank you to everyone for your financial contributions throughout the year. Your generosity is sincerely appreciated.

#### Mass Intentions

**Sat, Mar 11 – 5:00 pm**  
†Luigi Lolli by wife Bianca & Children

**Sun, Mar 12 – 9:00 am**  
For the intentions of all parishioners

**Sun, Mar 12 – 10:30 am**  
†Germaine Lalonde & †Alice Herman by Pierre & Gaye Lalonde  
†Maria Girardi by Donella & Joe Gabriele

**Mon, Mar 13 – 9:00 am**  
†Nelson Cybulski by Sandra & Family

**Tue, Mar 14 – 9:00 am**  
†Pat Foley by Pauline & Family

**Thu, Mar 16 – 9:00 am**  
†Alan Selvadurai by Marie

**Fri, Mar 17 – 9:00 am**  
†Emmett O'Connor Jr. by Dan O'Connor & Family

**Sat, Mar 18 – 5:00 pm**  
†Reg Harris by Virginia Harris  
†Rose Rocco by Phil Rocco & Family

**Sun, Mar 19 – 9:00 am**  
†Connie O'Brien by Mary Jeffrey  
†Hervé & †Laurette Maisonneuve by Pauline Foley

**Sun, Mar 19 – 10:30 am**  
For the intentions of all parishioners



**Please pray for those who are sick:** Tara, Bruce, Marlene, Ron, Dan, Dorothy, Alma, Patrick, Gaye, Gerald, Peter

**Please pray for those who have died:** †Sister Kathryn Cameron; †Hal Tiernay; †Bishop David O'Connell; †Deacon Philippe Gosselin; †Sister Elaine McNally, Congregation of Notre Dame; †Daniel Larabie

†Indicates Deceased

**Offering A Mass** Parishioners are invited to have a Mass said for those who have passed away, or for anyone you know who could benefit from the spiritual graces that come with having a Mass said on their behalf. Have a Mass offered in thanksgiving or celebration, in memory of a loved one, or for special intentions for a friend who is suffering. There are many fruits and graces that result from having a Mass said. Don't miss out on these graces for yourself and those you love! Find a reason to have a Mass offered today. Remember to arrange your Mass requests well in advance as dates fill up quickly. For more information, visit the Parish Office, call 613-836-8881 or email [admin@holyspiritparish.ca](mailto:admin@holyspiritparish.ca)

**Practical bits of wisdom from St. Francis de Sales on authentic, holy friendship:** "Sacred friendship uses plain, sincere language and it praises nothing but virtue and God's grace, the only foundation on which friendships rests."

## Word from the Pastor

The conversation between Jesus and the woman, John 4:5, raises even the suspicions of Jesus' disciples. When it is over she goes to another public place to tell those gathered there (men at the market?) about her conversation with Jesus. Pilch notes the subversions that are occurring in the story. John is giving new roles to women in his community. He fashions the conversation between Jesus and the woman in a seven-part dialogue; each speaks seven times. Is a new creation story being told in this seeming unimportant moment and place? Just as God created light on the first day, so Jesus leads the woman out of her darkness into light, to a deeper understanding of his identity. Did you notice the growth in the woman's awareness of Jesus, revealed in the names she gives him? She begins by calling him 'a Jew,' then moves to 'prophet,' then, she tells the town people, "Could he possibly be the Christ?" Later they call him 'the savior of the world.' The woman gets more time in this story than anyone else in John's gospel. She grows rapidly in her insight about Jesus and he commissions her to go call her husband and return. She announces Jesus' presence to the people of the town and is, therefore, the first disciple in John's gospel.

The Sacrament of Confirmation will be celebrated by the Bishop on Saturday, June 17<sup>th</sup> at 10:30 am.

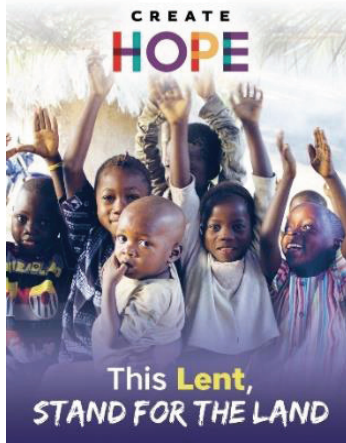
For your information, the average daily heating cost (February) for the church, hall and offices is \$69.00, and for the rectory, \$8.59 daily.

Become a blessing to others. A legacy of faith remains for all as you choose to remember Holy Spirit Parish in your will. For more information contact the Parish Office.

*Monsignor Joseph Muldoon*

### The courage to Create Hope

To delegates at the 4th World Meeting of Popular Movements, Pope Francis said, "...you have the ability and the courage to create hope where there appears to be only waste and exclusion." These are the words that inspired the choice of "Create Hope" as a five-year guiding theme at Development and Peace — Caritas Canada. The courage to Create Hope is rooted in actions big and small. For to drive away anguish and despair, it is best to act. Every action we take has a positive effect on us, our neighbours, our great human family, our children and their descendants. What will you do this Lent to Create Hope? Join our campaign at [devp.org/lent](http://devp.org/lent).



*Take Five for Faith: Daily renewal for busy Catholics*  
**United in prayer** Pope Benedict XVI, may he rest in peace, wrote beautifully on prayer and the Our Father: "In praying our heart is opened. Not only do we enter into communion with God but actually with all the children of God, because we are one body. When we address the Father in our inner room in silence and in recollection we are never alone. Those who speak to God are not alone. We are within the great prayer of the Church, we are part of a great symphony that the Christian community in all the parts of the earth and in all epochs, raises to God." Pray the Our Father slowly and consciously today, with everyone.

*"This is how you are to pray: Our Father who art in heaven, hallowed be thy name."*  
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In March and April of 2023, the CCCB Office for Evangelization and Catechesis is hosting a webinar series, titled **'The Call of the Catechist'**, inviting leaders of catechesis and evangelization to participate in a national discussion on the formation of catechists which will be of interest to those involved in catechesis and evangelization today. A call to reflect on the needs of catechists today, the three sessions of The Call of the Catechist webinar series will be: 1. Discerning Charisms - Sherry Weddell (1:00-2:30 pm EST, Tue, Mar 28); 2. The Spirituality of the Catechist - Sr. Janet Schaeffler, OP (1:00-2:30 pm EST, Tue, Apr 11); 3. Theological Reflection and the Catechist - Anne Walsh (1:00-2:30 pm EST, Tue, Apr 18)

For registration information contact the Parish Office at 613-836-8881 or [admin@holyspiritparish.ca](mailto:admin@holyspiritparish.ca)

### EASTER ALTAR FLOWERS

A special way to remember loved ones or to celebrate a loved one's birthday or anniversary, is to donate Altar Flowers in their honour. Please complete this form and put it, along with your cheque made payable to Holy Spirit Parish, in an envelope marked *Easter Altar Flowers* and place it in the collection basket or drop it off at the Parish Office. All intentions will be printed in a bulletin during the Easter Season.

**(PLEASE PRINT CLEARLY)**

Name of person(s) or intentions: \_\_\_\_\_

Name of person making the donation: \_\_\_\_\_

Amount (circle): \$25 \$50 \$100 or \_\_\_\_\_

Phone No. (613) \_\_\_\_\_ Envelope No. \_\_\_\_\_

*Remember loved ones this Easter and give glory to the Lord by helping to decorate for this beautiful season.*



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